

# Our Lady of Perpetual Succour

Catholic Parish Toukley/Lake Munmorah

St Mary's Church 458 Main Rd Norville  
St Brendan's Mass Centre 29 Carters Rd Lake Munmorah



## Vision

*To be A Vibrant Eucharistic Community*

### Pastoral Team

#### Administrator

Rev Tomy Kuruvelil Ouseph CFIC  
Phone: 0408 632 015  
Email: tomycfic@yahoo.co.in

#### Assistant Priest

Rev Baby Thomas CFIC  
Phone: 0400 568 491  
Email: baby.thomas@bbcatholic.org.au

#### Augustinian Sisters of Our Lady of Consolation

Convent 4396 9128  
11 Pandora Pde Norville

Sr. Josefa Mabini OSA  
Sr. Jennifer Canillas OSA

#### Parish Office Hours

9am to 2pm Mon To Fri  
Ph 4396 4455  
458 Main Rd Norville NSW  
Mail PO Box 1 Toukley NSW 2263

Email [toukleyparish@bbcatholic.org.au](mailto:toukleyparish@bbcatholic.org.au)

Website [www.bbcatholic.org.au/toukley](http://www.bbcatholic.org.au/toukley)

Parish Secretary: Mrs Alicia Klein  
Office Assistant: Mrs Lorrie O'Brien

#### Catechist Coordinator

Mrs. Di Healey 0401 162 287

#### Sacramental Coordinator

Mrs Lina Samaniego 0424 506 448

#### Sunday Parish Bus Service

Mrs Joan Haslam 4392 6892

#### Parish Schools

St Mary's  
Principal Mr Kevin Williams 4396 5100

#### St Brendan's

Principal Mr Craig McNee  
4358 1501

#### St Brigid's College

Principal Mr Adam Murdoch 4358 4278

Fourth Sunday in Advent Year B

20th December 2020



### Pope's Message

You can have flaws, be anxious, and even be angry, but do not forget that your life is the greatest enterprise in the world. Only you can stop it from going bust. Many appreciate you, admire you and love you. Remember that to be happy is not to have a sky without a storm, a road without accidents, work without fatigue, relationships without disappointments. To be happy is to find strength in forgiveness, hope in battles, security in the stage of fear, love in discord. It is not only to enjoy the smile, but also to reflect on the sadness. It is not only to celebrate the successes, but to learn lessons from the failures. It is not only to feel happy with the applause, but to be happy in anonymity. Being happy is not a fatality of destiny, but an achievement for those who can travel within themselves. To be happy is to stop feeling like a victim and become your destiny's author. It is to cross deserts, yet to be able to find an oasis in the depths of our soul. It is to thank God for every morning, for the miracle of life. Being happy is not being afraid of your own feelings. It's to be able to talk about you. It is having the courage to hear a "no". It is confidence in the face of criticism, even when unjustified. It is to kiss your children, pamper your parents, to live poetic moments with friends, even when they hurt us.

To be happy is to let live the creature that lives in each of us, free, joyful and simple. It is to have maturity to be able to say: "I made mistakes". It is to have the courage to say, "I am sorry". It is to have the sensitivity to say, "I need you". It is to have the ability to say, "I love you". May your life become a garden of opportunities for happiness. And when you make a mistake, start all over again. For only then will you be in love with life. You will find that to be happy is not to have a perfect life. But use the tears to irrigate tolerance. Use your losses to train patience. Use your mistakes to sculptor serenity. Use pain to plaster pleasure. Use obstacles to open windows of intelligence. Never give up .... Never give up on people who love you. Never give up on happiness, for life is an incredible show.

## WEEKEND MASS TIMES (100 People)

### St Mary's Church Toukley (100)

Saturday: Vigil 6:00pm

Sunday: 7:30am

9:00am

Children's Liturgy 1st & 3rd Sunday  
(except school holidays)

6:00pm

### St Brendan's Lake Munmorah (100)

Saturday: Vigil 5:00pm

Sunday: 8:00am

## WEEKDAY MASS TIMES

### St Mary's Church Toukley

Monday 9:00 am

Tuesday 9:00 am

Wednesday 9:00 am

Thursday 9:00 am (Ordinariate of Our Lady  
of the Southern Cross)

Friday 9:15am (Except 1st Friday of Month)

### First Friday of Month Anointing of Sick

11:00am

Saturday 9:00 am

### St Brendan's Lake Munmorah

Wednesday 9:00am

### First Wednesday of Month Anointing of Sick

9:00am

Thursday 9:00am

## EXPOSITION BLESSED SACRAMENT

### St Mary's Church Toukley

Each Saturday – After Morning Mass

## SACRAMENT OF RECONCILIATION

### St Mary's Toukley

Saturday 9:30am—10:00am

### St Brendan's Lake Munmorah

Saturday 4:30—5:00pm

## MORNING PRAYER OF THE CHURCH

### St Mary's Toukley

8:20 am Monday to Saturday

### First Friday Night Vigil

Exposition after 7pm Mass until 1.30am

## Parish Facebook Page

Send a Friend Request to our new  
Toukley-Lake Munmorah Parish Facebook page.



## COVID-19 Restrictions – Places of Worship Diocese of Broken Bay

### Latest update 8 Dec 2020

**Capacity:** Capacity at a place of public worship or at a religious gathering, must not exceed **one visitor per 2 square metres** of publicly accessible space. This refers to services both indoors and outdoors. There is no upper limit for this restriction. Children count towards the capacity limit. Please do not enter the Church if you feel unwell.

**Masks:** wearing a mask is recommended but not mandatory.

**Record Keeping:** Parishioners must sign in with their name and contact number (or email) when attending Church premises. The Parish office will hold the record for 28 days in a confidential and secure manner.

**Seating:** please sit only where marked, to maintain physical distancing requirements. Members of the same household may sit together. Seating signs are staggered to allow for physical distancing, so please adhere to these signs.

**Singing:** We are now allowed to have up to 50 performers singing indoors, however as this will not allow our whole congregation to sing, we will limit singing to our Musicians & Choir only.

**Holy Communion:** Parishioners are requested to receive Holy Communion in the hand and adhere to 1.5m physical distancing while processing to Communion.

**No Gathering:** Parishioners must move away promptly from the Church after Mass has finished.

More details are available on the notice board.

## Mental Health First Aid Training – Course Offer

I would like to offer another course for our parishioners. These are introductory special courses for our Parish. I plan to offer the course more broadly next year. Mental Health First Aid is Nationally Accredited Training and I am an Accredited Trainer. The training is over two days in the first week of January. \$30 per participant which covers the textbook and materials. Aims to build skills and confidence to support friends, colleagues and others during struggles with mental health. About 1 in 5 Australian adults experiences a common mental illness each year. Mental Health First Aid Training will teach you practical skills to support someone with a mental health problem. If you are interested in training to be an accredited mental health first aider, please let me know.

What you can expect from mental health first aid training.

**KNOWLEDGE** - Improves knowledge of mental illnesses, treatments and first aid actions.

**CONFIDENCE** - Increases confidence in providing first aid.

**DE-STIGMATISING** - Decreases stigmatising attitudes.

**SUPPORT** - Increases the support provided to others.

I look forward to sharing this learning with you. Please contact Robyn Rosina to register your interest on 0402 968 388 or robynrosina@iinet.net.au.


St Mary's Christmas Rosters are available at the back of the Church

## Collection Counters, Please note:

No counting will be done on Sundays, effective immediately; only Mondays from 9:30am. A new roster for counters will be available in the coming week.



**THE GARAGE SERVICE CENTRE**  
at **BP Lake Munmorah**  
**4358 1302**  
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ABN: 43 660 345 590  
**DOUG CASHIN**  
Unit 4, 11-13 Arizona Road, Charmhaven 2263  
Ph: (02) 4393 2443  
Email: charmhaven@internode.on.net

### **Christmas Masses - Bookings recommended**

Due to increased demand at Christmas time, we will be taking bookings for Christmas Masses. Please call or email the Parish Office to make a booking. Christmas Mass times will be:

#### **St Mary's**

#### **Christmas Eve**

**6.30pm Vigil Mass (includes Children's Nativity Play)**

**8:00pm - Syro-Malabar Mass (Eastern Rite)**

**11:30pm Carols, Midnight Mass**

**Christmas Day - 7.30am, 9.00am**

#### **St Brendan's**

**Christmas Eve - 5pm Vigil Children's Mass**

**Christmas Day - 8am**

**Christmas Season Envelopes** are available at the front of the Church.

**Fr Baby & Tomy thank all parishioners** for joining them to celebrate the feast of the Immaculate Conception and the renewal of their religious profession. Your support and love is appreciated.

**The Special Crib** this year is sponsored by the family of **Judy Kay**, we thank you for your generosity.

**Big Thank you:** the Parish community thank the **Micallef family** for sponsoring the new baby Jesus for the crib, and **Harvey Fisk** for sponsoring a new wireless microphone system for the Church.



### **Message from Bishop Anthony Randazzo**

I rescind my Decree of 18 March 2020 and call upon and encourage the Faithful to resume their obligations as part of the living Body of Christ. Under Canon 1247, the Faithful are now once more obliged to attend Mass on Sundays and the Holy Days of Christmas and the Assumption (more information on the noticeboard).

### **Connecting at Christmas!**

In 2020, Covid restrictions have meant that we have all been a little more separated from each other. Christmas provides a wonderful opportunity to reconnect, and you are invited to take up three Christmas challenges to help build up our parish family and spread some Christmas joy to those in our community:

**1. Telephone / email / visit two parishioners** who you have not seen in recent months to say hello and see how they are going. You may let them know of the Christmas Mass times, and invite them to come to Mass for Christmas. Also, you may wish to find out their contact details, e.g. an email address, so that the parish can be in touch. If they have any specific needs, please let the parish office know.

**2. Telephone / email / visit two friends or neighbours** who are not part of our parish family. Invite them to come to Christmas Mass with you. They may appreciate the invitation at the end of what has been a difficult year for many.

**3. At Christmas Mass, say hello to a parishioner** that you do not know. Often we see familiar faces at Mass and do not know names. Let's bring some extra warmth and Christmas cheer to our celebration this year.

### **December Birthdays**

Melba Voigt (10th Dec)

Christopher Crocker (12th Dec)



*In your charity, please pray  
for those who have died  
and those who are sick.*



### Recently Deceased

Jack Honeywill, Mary Powell, Brian Lefoe, Vicky Debono, Joseph Hughes, Thomas Bow, Brian Butterfield, Alan Macleod, Wayne Puckeridge, Camille Hill, George Gauci, Sylvia Wells

### Anniversaries

**Lorna Simms, May Bailey, Glen O'Connor, Judith Kemp, Maria Uptin, Maurie Cohen, Lynn & Raphael Cohen, Mary & Jack Webb, John & Rita Webb, Charlie & Nina Micallef, Salvina Caruana, Anselmo, Paulita, Enrico, Arturo, Pio Edwin Ambait, Elma, Juan Anselmo Capacite, Pantaleon, Temotea, Hermigildo, Romualda Giba, Denis Newey, Doreen Goonan, Alfred Mitchell**

### Remembrances

Jack Muller, Muller & Brown Family, Sally Beasley, Renu & Joseph Caruana, Angelo Caruana, Dennis, Ross, Wade, Mitchell Families, Valmai Joseph & Stark Family, Mary & Jack Webb, Jack & Rita Webb & Wynn Family, Scott Kay, Danny Kay, Moore & Lanqley Families, Bernard Yap, V DeSouza, V Baraez, Fred & Ann Stephens, Rosemary Jennifer Mulvany, Gerard De Zilva, Stephen Cappa, Carol Brown

### Please Pray for the Sick

Khoo Swee Goon, Lily Tan, Kevin Harvey, Diane Booth, Tincy Thomas, Deacon Paul Simmons, Bill Martin, Ray Crocker, Lorraine Dunn, Cheryl Kennedy, Zerafa family, George Gavranic, Ann Buckman, Josephine Poynting, Eloise Bell, Wendy Peterson, Adrian, Ken Chubb, Fiona Haslam, Teresa Wegrzyn, Ann Durnford, Steve Durnford, Maureen Mulheron, Koby Bourke, Monica Mason, Ariane Hampton, Fr Bill Aliprandi, Linda Read, Eleanor Matthews, Andrew Kelly, Paul Covington, Fiona Gill, Evan Shepherd, Kathleen Strong, Brian Davies, Michael Wiggan & Vanessa Miller, Sister Carmela Debbie Gibba, Miklos Beothy, Mr Baldovan, Hannah Tierney, Faye Lund, Julie Newey, Kathy Outlaw, Finn McConnon, Anne & Steve Durnford, Vaughn Haynes, Pam Moir (family), Lurlene Dehn, Adrian Collins

### Funeral Service

Jack Honeywill, 22nd Dec 1pm St Brendan's

### **Pope Francis proclaims "Year of St Joseph"**

With the Apostolic Letter "Patris corde" ("With a Father's Heart"), Pope Francis recalls the 150th anniversary of the declaration of Saint Joseph as Patron of the Universal Church. To mark the occasion, the Holy Father has proclaimed a "Year of Saint Joseph" from 8 Dec 2020 to 8 Dec 2021.

## Mackay Family Funerals

In Association with Mackay Family Crematorium  
A.B.N. 79 085 423 589

Head Office: 249 Pacific Highway West, Ourimbah 2258

PO Box 89 Ourimbah NSW 2258.

Phone: (02) 4362 2733 Fax: (02) 4362 2899



## Volunteer Angels

Male & Female

Do you have a caring heart & time to become a friend to a lonely person in an Aged Care Facility

Please call Anne-Marie 4396 1555

The Community Visitors' Scheme

## First Reading

2 Samuel 7:1-5, 8-12, 14, 16

*The kingdom of David will be established for ever in the sight of the Lord.*

Once David had settled into his house and the Lord had given him rest from all the enemies surrounding him, the king said to the prophet Nathan, 'Look, I am living in a house of cedar while the ark of God dwells in a tent.' Nathan said to the king, 'Go and do all that is in your mind, for the Lord is with you.'

But that very night the word of the Lord came to Nathan:

'Go and tell my servant David, "Thus the Lord speaks: Are you the man to build me a house to dwell in? I took you from the pasture, from following the sheep, to be leader of my people Israel; I have been with you on all your expeditions; I have cut off all your enemies before you. I will give you fame as great as the fame of the greatest on earth. I will provide a place for my people Israel; I will plant them there and they shall dwell in that place and never be disturbed again; nor shall the wicked continue to oppress them as they did, in the days when I appointed judges over my people Israel; I will give them rest from all their enemies. The Lord will make you great; the Lord will make you a House. And when your days are ended and you are laid to rest with your ancestors, I will preserve the offspring of your body after you and make his sovereignty secure. I will be a father to him and he a son to me. Your House and your sovereignty will always stand secure before me and your throne be established for ever."

The word of the Lord.

**Thanks be to God.**

## Responsorial Psalm

*Ps 88:2-5, 27, 29*

**R. For ever I will sing the goodness of the Lord.**

I will sing for ever of your love, O Lord; through all ages my mouth will proclaim your truth. Of this I am sure, that your love lasts for ever, that your truth is firmly established as the heavens. **R.**

'I have made a covenant with my chosen one; I have sworn to David my servant: I will establish your dynasty for ever and set up your throne through all ages.' **R.**

He will say to me: 'You are my father, my God, the rock who saves me.' I will keep my love for him always; for him my covenant shall endure. **R.**

## Second Reading

*Romans 16:25-27*

*The mystery kept secret for endless ages is now revealed.*

Glory to him who is able to give you the strength to live according to the Good News I preach, and in which I

proclaim Jesus Christ, the revelation of a mystery kept secret for endless ages, but now so clear that it must be broadcast to pagans everywhere to bring them to the obedience of faith. This is only what scripture has predicted, and it is all part of the way the eternal God wants things to be. He alone is wisdom; give glory therefore to him through Jesus Christ for ever and ever. Amen.

The word of the Lord.

**Thanks be to God.**

## Gospel Acclamation

*Luke 1:38*

*Alleluia, alleluia!*

*I am the servant of the Lord:  
may his will for me be done.*

*Alleluia!*

## Gospel

*Luke 1:26-38*

*You will conceive and bear a son.*

The angel Gabriel was sent by God to a town in Galilee called Nazareth, to a virgin betrothed to a man named Joseph, of the House of David; and the virgin's name was Mary. He went in and said to her, 'Rejoice, so highly favoured! The Lord is with you.' She was deeply disturbed by these words and asked herself what this greeting could mean, but the angel said to her, 'Mary, do not be afraid; you have won God's favour. Listen! You are to conceive and bear a son, and you must name him Jesus. He will be great and will be called Son of the Most High. The Lord God will give him the throne of his ancestor David; he will rule over the House of Jacob for ever and his reign will have no end.' Mary said to the angel, 'But how can this come about, since I am a virgin?' 'The Holy Spirit will come upon you' the angel answered 'and the power of the Most High will cover you with its shadow. And so the child will be holy and will be called Son of God. Know this too: your kinswoman Elizabeth has, in her old age, herself conceived a son, and she whom people called barren is now in her sixth month, for nothing is impossible to God.' 'I am the handmaid of the Lord,' said Mary 'let what you have said be done to me.' And the angel left her.

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

Next Sunday - The Holy Family of Jesus, Mary and Joseph

First Reading - Genesis 15:1-6, 21:1-3

Second Reading - Hebrews 11:8, 11-12, 17-19

Gospel - Luke 2:22-40

Pope Francis' Prayer Intention  
for December

**For a Life of Prayer**

We pray that our personal relationship with Jesus Christ be nourished by the Word of God and a life of prayer.



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